

Your Roll No.....

Name of the course : Master of Physical Education (M. P. Ed.)
Paper No. : MPE-0703(viii)
Name of the paper : Game of Specialization: Handball
Semester : I-December-2025
Duration : 3 Hours
Maximum Marks : 50 Marks

INSTRUCTIONS FOR CANDIDATES

Attempt any FIVE questions. All questions carry equal marks

Q 1. Make a neat well labelled diagram of Hand Ball court. Also give specifications of equipment used in the game of Handball. (10)

Q2. Write short notes on any two of the following: - (10)

- a) Historical development of handball game at international level
- b) Duties and responsibilities of officials during match
- c) Explosive strength

Q3. What are the pre-requisites for preparation and training in handball game. (10)

Q4. What is penalty-throw in Hand Ball? Give various situations when it is awarded by the referee during match. (10)

Q5. Write various offensive systems along with their advantages in the game. Give suitable examples. (10)

Q6. Explain in detail the process of selection of a national level hand ball team during the national training camp. (10)

Q7. What do you understand by measurement and evaluation? Briefly discuss how a team performance is evaluated during the match? (10)

Q8. Write short notes any two of the following: (5+5)

- a) Physiological effects of Warming up
- b) Team building
- c) Analysis of match
- d) Procedure for Selecting a Handball team